**Plan of Action**

Name of Member:

Target Behavior:

Date Initiated:

Date Revised:

**Tips**

1. Try not to take behaviors personally.
2. Remain patient and calm.
3. Explore pain as a trigger.
4. Don’t argue or try to convince.
5. Accept behaviors as a reality of the disease and try to work through it.

**Remember**

* When you have met one person with dementia, you have met one person with dementia!
* Be in the reality where the person with dementia is - don’t try to bring them into your reality.
* What works today may not work tomorrow.
* All behavior is a form of communication. What is the person trying to tell you when they display a behavior?

**Ineffective Approaches (Strategies not to use)**

1.
2.
3.

**Effective Approaches (Strategies to use)**

1.
2.
3.
4.
5.

\* Residential Providers are encouraged to keep this document in the residents chart accessible to staff.