

The goal is for you and your loved ones to receive quality care and a continued quality of life experience. Advocacy is an essential step in quality of care. It is key that you have a voice in how you or your loved one communicates how your care needs are met. Please answer each question as candidly as possible so that all caregivers may learn about traditions, routine, preference, values so they can understand what has been important in life to you or your loved one.

Name:

Last Date Completed:

Narrative summary of individual (life events, work history, marriage, family history, friends, spiritual history, organizations or volunteer experience, previous living environment, pets, etc.):

Significant relationships for this individual: (current and past):

Important (significant) life events:

Daily routine prior to dementia symptoms (eating, sleeping, and grooming and bathing habits):

Individual's current daily routine:

Things the individual likes (music, food, hobbies, leisure activities, items or routines that are important to individual):

Things the individual dislikes (what may annoy the individual):

Are there any sensory stimuli (visual, touch, taste, sound, smell) that contribute to positive responses?

Are there any sensory stimuli (visual, touch, taste, sound, smell) that contribute to negative responses?

Calming Technique (what helps calm the individual down):

Health concerns that may contribute to changes in behavior and how to identify them (UTI, illness, etc.):

How does the individual manifest pain? (Does this Individual have chronic pain? Where? Other pain? How do you know if this Individual express pain? Voice, facial expression, verbalization?)

How does the individual communicate? (bilingual, written, verbal, use technology, etc., include behaviors you are aware of used as a form of self-expression [behavioral communication])

How do we effectively communicate with the individual, including use of technology or other adaptations? (speak slowly, verbally, pictures, etc., include techniques used to respond to individual's behavioral communication)

Form completed by:

*Fillable version available at <https://www.inclusa.org/providers/resources/dementia-care-resources/>

*We encourage keeping this document easily accessible by caregivers.