Is this a Problem Behavior that needs to be fixed?

It’s time to problem solve!

Does the behavior put someone at risk?

Yes

No

This is not really a problem behavior for the person with dementia. It may be irritating or embarrassing for the caregiver, but it is really a ‘so what?’ behavior.

Learn to let it go!
Leave it alone!
Don’t sweat the small stuff!

### Describe the behavior in detail using the Observation Form
- Where does it happen?
- When does it happen?
- Who is involved?
- How does it start? Stop? What is said? Done?

### Answer these questions using Member History Form:
- Consider emotional and physical unmet needs.
- Could the level of dementia explain some of this behavior?
- Could how the person was approached or helped have some impact?
- Does the person have other medical or psychiatric conditions that might be active?
- Could personal history (work, leisure, family, religion, personality, routines, etc.) play a role?
- Could the environment or cues in it be causing some of the trouble?
- Could the time of day or personal habits be a factor?

### Brainstorm with the puzzle pieces.
Partner with IDT and actively involved significant others.

You are not alone.

Come up with a plan of action:
- Decide what to do
- Decide who will do what
- Decide how to do it
- Decide when to start it and when to look again

### Are things better?

- No: Rethink and problem solve again
- Yes: Celebrate!