Is this a Problem Behavior that needs to be fixed?

Yes ← Does the behavior put someone at risk? → **No**

It's time to problem solve!

This is not really a problem behavior for the person with dementia. It may be irritating or embarrassing for the caregiver, but it is really a 'so what?' behavior.

Learn to let it go!
Leave it alone!
Don t sweat the small stuff!

Describe the behavior in detail using the Observation Form

- Where does it happen?
- When does it happen?
- Who is involved?
- How does it start? Stop?
  What is said? Done?

Answer these questions using Member History Form:

- Consider emotional and physical unmet needs.
- Could the level of dementia explain some of this behavior?
- Could how the person was approached or helped have some impact?
- Does the person have other medical or psychiatric conditions that might be active?
- Could personal history (work, leisure, family, religion, personality, routines, etc.) play a role?
- Could the environment or cues in it be causing some of the trouble?
- Could the time of day or personal habits be a factor?

Brainstorm with the puzzle pieces.

Partner with IDT and actively involved significant others.

You are not alone.

Come up with a plan of action:
- Decide **what** to do
- Decide **who** will do what
- Decide **how** to do it
- Decide **when to start** it and when to look again

Are things better?

No → Rethink and problem solve again

Yes → Celebrate!