Each member is responsible for participating in the process of developing care plans that are effective, reasonable, and cost effective.

When you or your legal decision maker voluntarily applies for the Family Care program, there are requirements that need to be followed. You are expected to participate in:

- monthly conversations with IDT staff at minimum
- quarterly face to face visits
- a care plan review every 6 months, with at least one care plan review taking place in your home
- the annual long term care functional screen.

**PARTICIPATE. DON’T “SIT BACK” AND LET THE EXPERIENCE HAPPEN TO YOU.**

Nonparticipation in these minimum requirements can potentially lead to disenrollment.

**PARTICIPATING IN YOUR CARE PLAN IS YOUR RESPONSIBILITY AND EMPOWERS YOU TO HAVE A SAY IN THE SERVICES THAT WILL HELP YOU THE MOST.**

You can do this and Inclusa is here to help you along the way. Participation is something that you already know how to do.

You have rights. You have responsibilities.