

PARTICIPATE

verb : to take part or to have a part or share in something

My life, my choice. Please support and encourage me to participate in self-determination and choice making.

Ask me about my long-term care outcomes. If I do not understand what that means, ask me in a different way.

“What do you like about where you live?”

“What do you like about where you work?”

“What do you like about not working?”

Or give me choices.

EVEN IF I HAVE A GUARDIAN, I HAVE THE RIGHT TO

have the opportunity to tell everyone if I agree or do not agree with what my guardian feels is best in my care planning. I also have a right to privately talk to advocates of my choosing.



NOTHING ABOUT ME, WITHOUT ME.

Remember, **if you have a meeting about me, I should be there.** If I cannot be there, the content of the meeting should be discussed with me in a way that I understand it before any decisions about my care are made final.

I HAVE THE RIGHT TO BE AT MEETINGS THAT ARE ABOUT ME.

If I cannot be at the meetings because the meetings create an environment that disrupts my mental health or upsets me, I still have the right to participate in my care planning in a way that works for me. Please support me to participate to the greatest extent that I am able.