



The Positive Personal Profile is a tool that can be used to:

- Help see past the challenges of having a disability and put the focus on positive attributes
- Help inventory those attributes
- Help identify needs, supports, or additional skill building
- Help to prepare for a job interview by finding key points to help “sell yourself” to an employer

Name:

Dreams & Goals:	Skills & Knowledge:
Learning Styles:	Interests & Talents:
Positive Personality Traits:	Values:
Environmental Preferences:	Dislikes, Quirks, Idiosyncrasies:
Work Experiences:	Support Systems:

List your features:

Potential jobs to explore: